

# Family Prayer ideas



# 1 P.R.A.Y:

**Praise:** What is everyone is thankful for today?

**Repent:** Is there anything you need to say sorry for?

**Ask:** What could we ask God for for ourselves, our friends or family?

*Open hands to surrender & finish up*

**Yield:** God we surrender our prayers to you and trust you will answer them in the way you see best.

**You can use these P.R.A.Y questions for the following:**

- *Grab a piece of paper and pen to write down answers. Sit down at the table and chat about these questions and make a family mind map.*
- *Get some playdough out. Everyone makes out of play dough their answers.*
- *Have everyone create a drawing of their answers.*

## 2 Prayer Webs:

Play some quiet music and give each child a piece of paper and some coloured pencils or crayons. In the center of their paper, instruct them to write a statement starting with "God is..."

As the music plays, kids are able to quietly pray and write (or draw) about who God is and the requests that are on their hearts.

They might draw or write about people they can pray for or things they can thank God for.

They can connect each new request to their "God is" statement in the center using colours and different line shapes, as it turns into a prayer web to remind them who God is.

## 3 Building Prayer:

Using Legos or wood blocks, write one word or phrase of different lists of things in the Bible. Examples could be the fruits of the spirit, or Philippians 4:8 (all of the “whatevers”).

Build towers using those word blocks, praying for each of those things as you stack the next block. You might even unstack them and do it again. And this time pray for another person to experience those things.

## 4 Head-to-Toe:

To give kids a tangible way to talk with God, relate topics of prayer to different parts of their bodies.

**Toes:** Pray they would always walk in God's paths and follow Him.

**Knees:** Confess when they have tried to do things on their own. Honour God with words they might use for a King as you are knelt down before Him.

**Tummy:** Thank God for all He provides for us, including our food!

**Hands:** Pray for the ways they could serve people, asking God to give them opportunities to be helpful to neighbours and friends.



**Ears:** Pray they would hear God's voice above all others, and that they would listen to the needs of people around them.

**Mouth:** Pray they would courageously speak God's Word to those who need to hear it.

**Eyes:** Pray they would seek God, and that God would give them eyes to see other people who may need to know that Jesus loves them.

**Head:** Pray they would have the "mind of Christ" (1 Corinthians 2:16) and always consider others, think pure thoughts, and not be anxious or afraid. Children can also say sorry for times they may not have had the mind of Christ.

## 5 Google Map Prayer

Look up the satellite view of your neighbourhood or Hamilton which may include Gateway, your kids' schools, or your house.

Print them out or pass around your electronic device. While it is passed around the circle, each child can pray for something they see in the picture.

They can pray for their home, their neighbours, their school, the church, or even other places people gather.

Pray for those who work at the hospital, police officers keeping our city safe and anything else you may see on the map.

# 6 Prayer Walk

As you walk ask some questions:

- What can you see that God made?  
What is one thing you can see that you are thankful for?
- What was the best part of your day today?  
What do you want to thank God for today?
- What was hard about your day?  
What could you ask God for help for?
- Did you see anyone sad today?  
What would you like to pray for them?
- Have everyone walk in silence for 1 min.  
Get them to ask God to show them a picture or a thought then have everyone share.